

Classes schedule as of 7 January 2019

Monday

Tuesday
























Wednesday

Thursday




Friday

Saturday



ROOM 1 GROUND FLOOR

800	 55	800	 45	800	 55	800	 30  30	800	 30		
										1100	 45
1730		1745	 45	1745	 55	1745	 45	1745	 55	1745	
1745		1800	 30	1800	 45	1800	 55	1800	 55	1800	
1815	 55	1815	 45	1815	 55	1815	 55	1815	 55	1815	
1830		1830		1830	 45	1830		1830		1830	
1845		1845		1845		1845		1845		1845	
1900		1900		1900		1900		1900		1900	
1915		1915		1915		1915		1915		1915	
1930	 55	1930		1930		1930		1930		1930	
1945		1945		1945		1945		1945		1945	
2000		2000		2000		2000		2000		2000	
2015		2015		2015		2015		2015		2015	
2030		2030		2030		2030		2030		2030	

ROOM 2 SPINNING BIKES ROOM MEZZANINE

1830		1830	 45
1845		1845	
1900		1900	
1915		1915	
1915	 30	1915	 45
1930		1930	
1945		1945	
2000		2000	

ROOM 3 MEZZANINE STUDIO ROOM

1845	 30
1900	
1915	
1945	 50
2000	
2015	
2030	
2045	