

Classes schedule as of 01 June 2019

Monday

Tuesday

















Wednesday

Thursday




Friday

Saturday

ROOM 1 GROUND FLOOR

800	 55	800	 45	800	 55	800	 30  30	800	 30
1730	 45	1745		1745		1745		1745	
1800		1800		1800	 55	1800	 45	1800	
1815		1815		1815		1815		1815	 55
1830	 55	1830	 30	1830		1830		1830	
1845		1845		1845		1845		1845	
1900		1900	 45	1900	 55	1900		1900	 55
1915		1915		1915		1915		1915	
1930	 55	1930		1930		1930		1930	
1945		1945		1945		1945		1945	
2000		2000		2000		2000		2000	
2015		2015		2015		2015		2015	
2030		2030		2030		2030		2030	

ROOM 2 SPINNING BIKES ROOM MEZZANINE

				1830	 30
				1845	
				1900	
1915	 30	1915	 45	1915	
1930		1930			
1945		1945			
		2000			